



SANDWICHES & SPECIALITIES:

MIXED MEZZE PLATTER : £7.50 ✓

Hummus, Falafels, feta cheese, red onion & tomato, mixed olives, Pitta breads & tzatziki.

JT CLUB : £8.25

Toasted triple decker w/ roast turkey, lettuce mayo, tomato, bacon, cheese & egg mayo on white or brown bloomer w/ fries.

CUMBERLAND SAUSAGE BAGUETTE : £8.25

Plumgarths Cumberland sausage, braised onions, mature cheddar on sourdough baguette..

CRISPY FRIED BUTTERMILK CHICKEN : £8.25

w/ Panko crumbs, house coleslaw, guacamole & tomato pesto on Ciabatta w/ fries.

HONEY BAKED HAM : £5.75

w/ Grated mature cheddar & Hawkshead Relish Piccalilli on white or granary bloomer.

CHICKEN TIKKA WRAP : £5.75

Roasted Tikka spiced Chicken , avocado, garlic mayo, gem lettuce, tomato & red onion.

SCOTTISH SMOKED SALMON BAGEL: £6.50

w/ Dill flavoured cream cheese & soft boiled egg on a toasted New York style Bagel.

HUMMUS & GOATS CHEESE: £5.75. ✓

Hummus, roast peppers, rocket leaves & crumbled goats cheese w/ tomato pesto on white or granary bloomer.

Regular sandwiches are available on a Ciabatta for 50p extra.

Add a cup of our homemade soup for £1.00

Yard 11, Stramongate, Kendal. LA9 4BH Tel: 01539 737223



SMALL PLATES & SNACKS:

JT POACHED EGGS : £6.50

Toasted English muffin, hollandaise sauce, choice of Ham, Smoked Salmon or Avocado Guacamole. ✓

THE JOSHUA TREE BISTRO SALAD : £6.50 / £8.00 ✓✓

Mixed lettuce, croutons, bacon lardons, artichokes, new potatoes & poached egg w/ honey & mustard dressing.

CRISPY FRIED WHITEBAIT : £6.50

w/ green salad, citrus mayonnaise & fresh lemon wedge.

BAKED GOATS CHEESE : £6.50 ✓/GF

Topped w/ walnut crust, beetroot & apple salad & dressed leaves.

CHICKEN LIVER PATE : £6.50

Homemade w/ local chutney, crisp salad & warm toast.

HOMEMADE SEASONAL SOUP : £4.50 ✓/VE

Vegetarian & dairy free w/ croutons & sourdough.

CUMBRIAN RAREBIT : £6.00 ✓

Jennings Cumberland Ale Rarebit on toasted sourdough bloomer w/ green salad & local chutney.

PLEASE MAKE US AWARE OF ANY FOOD ALLERGIES.



MAIN COURSES:

GRILLED PLUMGARTHS GAMMON STEAK : £9.50 GF

Topped w/ slow roasted tomato, fried free range egg & skinny fries.

CRISP SLOW COOKED DUCK LEG : £9.75 GF

On a cassoulet of haricot beans, bacon lardons, onions & parsley w/ sauté potatoes.

SCOTTISH ROPE GROWN MUSSELS : £9.00 GF

Steamed w/ white wine, capers & garlic in a tomato & herb sauce, choice of fries or garlic bread. (garlic bread contains gluten)

6OZ RUMP STEAK BURGER : £9.75

Grilled & topped w/ bacon & Monterey jack cheese, tomato mayo & salad in a Ciabatta bun, beer battered onion rings & skinny fries.

BAKED POTATO GNOCCHI : £9.50 V/VEA

Rich tomato sauce, black olives, roast peppers & spinach, glazed w/ cheddar cheese. Choice of garlic ciabatta or side salad.

RIGATONI PASTA: £9.00 V

Tossed in a white wine cream sauce w/ mushrooms, herbs & wild rocket, grated vegetarian Parmesan. Choice of garlic ciabatta or side salad.

SIDE ORDERS ALL @ : £3.00

MIXED SALAD / FRIES / CHUNKY CHIPS / NEW POTATOES / GARLIC CIABATTA.

GARLIC CIABATTA W/ CHEDDAR CHEESE @ : £3.50.

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SOME OF OUR VEGETARIAN DISHES CAN BE ADAPTED TO SUIT A VEGAN DIET.